

INCOMING

September 2023

Issue 97



Veterans' Support Group[®]

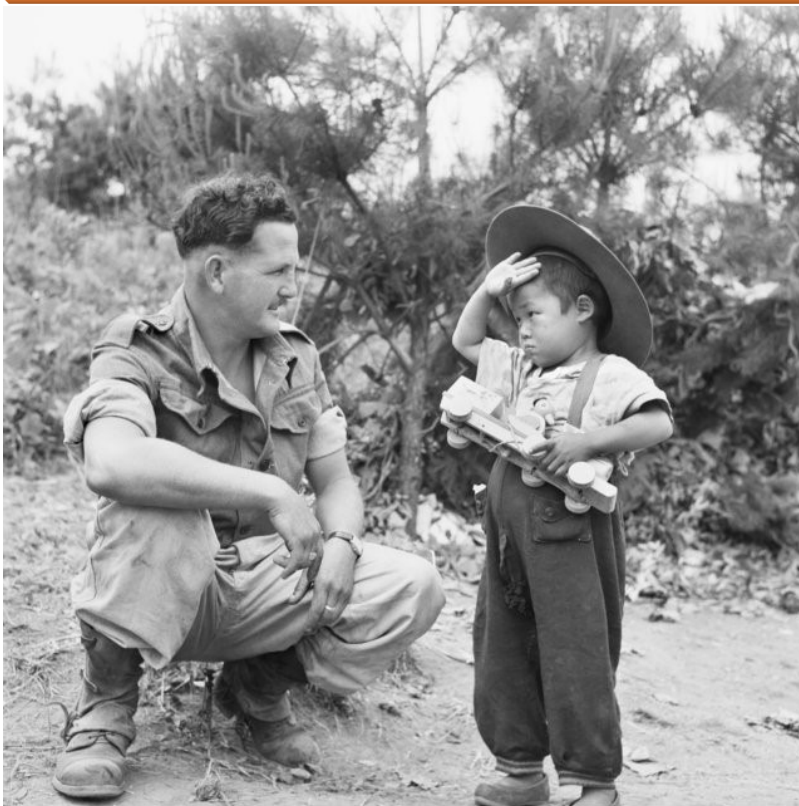
Founded by the
Vietnam Veterans' Federation
Qld Branch Inc.

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AUSTRALIAN WAR MEMORIAL

H08J3125



70TH ANNIVERSARY END OF THE KOREAN WAR

Page 1	Front Cover - Photos from the Korean War	Page 20	Book Review
Page 2	Index /Editor's Report	Page 21	Important Ph. Nos. Word Ladder
Page 3/6	P. 3 Legacy Invitation—P.4-6 President's Report	Page 22	Spot the difference
Page 7	Funnies Page	Page 23	Puzzle page
Page 8	Sub Branch President's Report	Page 24/25	Our History - Australia and the Korean War
Page 9	Men's Shed Report	Page 26	Aussie Trivia
Page 10/11	Photos/Workshop Report	Page 27	42 for 42
Page 12/13	Padre's Portrait of Life - Moral Courage	Page 28	Only in Australia
Page 14	Tony Scroop advertisement and "draw a face"	Page 29	Word search puzzle
Page 15	Funnies - It's a Retiree's world	Page 30	Holiday Centre for Veterans
Page 16	Chicken and Leek Cannelloni	Page 31	Puzzle Solutions
Page 17	What th'!!!!!!!!!!!!!!	Page 32	Veterans Holiday destinations
Page 18	Funnies	Page 33	Relationships funnies
Page 19	Poets' Corner - Reflections by Narelle	Page 34	Membership form



EDITOR'S REPORT



Hello Everyone, Did we all escape the winter "lurgies"? Illness is a foreign word for me, usually. I'm afraid my family was hit like a ton of bricks with one of those post-covid "viruses". Hardly a member was spared. You know you're in trouble when your 21 year old granddaughter rings you, with great concern for your welfare, then delivers fish and chips when the fridge and pantry have been decimated.

I'm usually pretty much bullet-proof. It took a "well-meaning" nephew, who should have been in bed, to knock me down. He visited my 91 year old Mum, while we were there however, nobody was aware of how sick he was. It was great during Covid when everyone was confined to barracks, the flu became a thing of the past. It's just another curtesy that some people have forgotten, while our Earth Angels know you need help without being asked. Wouldn't it be great if the powers that be could invent a 'virus' to wipe out stupidity. We'd all be so much better off.

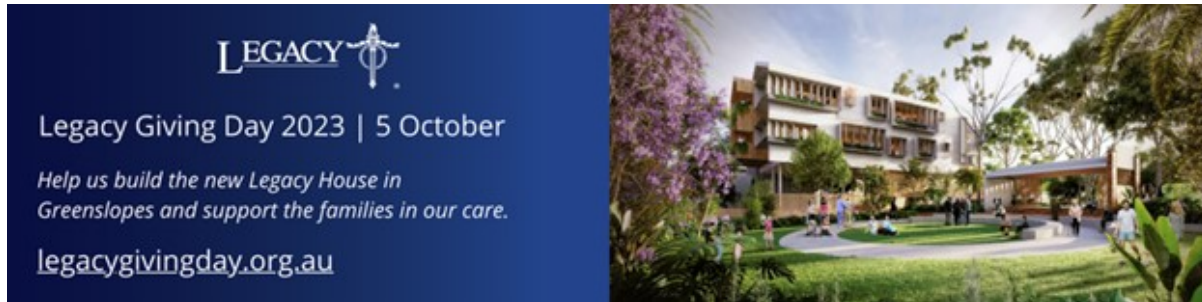
This issue talks about Long Tan day, 18th August (See pages 8-11). We held a special service for the Vietnam Veterans, their families and invited guests, here at the centre (see the Shed report for photos). I was asked to play the flute to welcome our guests and again during the wreath-laying ceremony. Then I was invited to recite my poem 'Reflections'. It was the first time the poem had been read out loud. See page 18 for a reprint of the poem.

As always Andy, and his merry band of the "magic half dozen", gave us a flawless ceremony with great amplifying for the speeches and music with well-presented facilities and catering. Thank you to all those who helped on the day, your assistance was very much appreciated.

Cheers Narelle.

DISCLAIMER: The material contained in this publication is in the nature of enlightenment for the members. Contributions are acknowledged, with thanks, from Service and Civil publications. The editor expressly disclaims all and any liability to any person, whether an association member or not. Views expressed may not necessarily be those held by the Executive or the members.

Legacy Invitation



Legacy Brisbane has issued an invitation to Veterans in their endeavour to raise awareness and funds to assist in the building of their new Headquarters opposite the entrance to the Greenslopes Hospital.

Legacy Brisbane is inviting members of the Vietnam Veterans Federation Qld Branch Inc and the Vietnam Veterans Federation Brisbane/Gold Coast Sub-Branch Inc (Veterans Support Groups) to be part of their Giving Day on 05 October 2023. From 0800 to 2000, their Giving Day will rally the whole community together in a telethon-style event to raise funds for the construction of the new Legacy House Brisbane and to continue their work in supporting the families in their care.

What's their goal? To provide comprehensive support and create a central hub for Veterans, Their Families & Ex-Service Organisations and revolutionise the care model for Veterans' families.

Here's how you can help Legacy Brisbane make this Giving Day a success:

Mark Your Calendar: Join us on 05 October 2023, for a unique Giving Day where smaller donations (**fully tax deductible**) are matched with larger ones, creating an electrifying atmosphere that energises and excites the community. The link to the Giving Day page:

<https://www.charidy.com/legacy2023/vietnamveteransqld>

Be a Legacy Champion and Share Your Team: We have created a Vietnam Veterans Qld Team on the Giving Day site. This is a great way to engage your community and provide an extra incentive to raise funds on the day. Spread the word to your communities and networks, ask them to share and join in and watch your donations (**fully tax deductible**) be quadrupled in real time.

Legacy's promise is unwavering, and with your support, we can bring Legacy House Brisbane to life and provide essential care to our Veterans and their families. Join us to help make a lasting impact for the next 100 years.

Legacy Brisbane very much appreciates your support and are thrilled to have you on board!

Legacy Brisbane | 41 Merivale St, South Brisbane, 4101 | PO Box 3003, South Brisbane, 4101

07 3029 5622 | 0435 521 292 | scalderswood@legacybrisbane.org.au | www.legacybrisbane.com.au

PRESIDENT'S REPORT

I will take this opportunity to acknowledge and introduce you to our office staff and let you know why our Advocacy Services are so successful. The basic reason for our success is every person in our team is fully committed to achieving the best possible results for every client that trusts us with the management of their Department of Veterans Affairs compensation claims.

First and foremost, it is a considerable responsibility we commit to. For us, there is little or no room for mistakes. Experience, sound working knowledge DVA claims process, understanding and explaining medical conditions and how they affect the veteran, and the veterans' need for the recognition of their condition as being service related. Various medical conditions can be directly related to frequent service activities.

No two claims are the same. That said, the wording of both the claim and the medical practitioner's report are most important. Experience is the key in submitting a DVA Claim. Particularly when claims covers multiple conditions.

Flavia is our Senior Advocate with over a decade of experience of submitting DVA Claims for veterans. Flavia has legal qualifications in her homeland prior to becoming an Aussie. Her legal background is obvious. Flavia has gained an outstanding reputation in Appeals on behalf of veterans. Additionally, Flavia makes excellent use of new technology. For our team, Flavia excels in passing on her knowledge and skills as the mentor for our other Advocates, Brad, Kerry, and Michelle.

Brad is a fellow veteran and his passion to help other veterans is obvious. Having been a claimant himself, he understands, amongst other things, the changing DVA processes and requirements. Brad is our longest serving Advocate and when experience and understanding the system is important, it is Brad who you want to turn to.

Kerry is the wife of our Vice President and has been an Advocate for just the past few years. Talk about a quick and keen learner, Kerry is obtaining results many well experienced Advocates would envy. Knowing Kerry's husband 'Doc' in having served beside him in Vietnam, Kerry understands veterans and the impact that the Australian Defence Force service can have on many of us veterans. Again, Flavia's ability in mentoring inexperienced advocates is second to none and our advocates always work as a team. It is magic when they get together every week and discuss their DVA claim cases. The greatest advantage our clients have is that they get a special team of four advocates working for the best possible results for every client.

Michelle is another of our compensation advocates, and her work is faultless. A dedicated mother of two children, both Michelle and her husband are veterans. Michelle has gained many years of experience and success in her dealings with compensation claims and the DVA process. Michelle has the knowledge, experience, and abilities to lead any advocacy team.

Narelle is our editor of this magazine. Narelle has been working for us, as a volunteer, for more than ten years and is a very positive and caring person. Narelle volunteers on Tuesday mornings. Fellow workers will always come away after talking to Narelle in a more relaxed and refreshed frame of mind. Deirdre and Sandra join us on Tuesdays (except each fourth Tuesday each month (War Widow Meeting Days)). They work in our office doing reception duties, of answering phones and where necessary taking messages. Christine is our administrative person and Christine works Thursdays. As well as reception duties, Christine assists our advocates with clerical and administrative duties. JoAnne is also a volunteer with us but is currently unavailable for family reasons.

If you can join our Administration / Reception volunteers or if you can ask friends or family who reside in our Gold Coast Area then please phone me on 0448 195 020 or on our office number 07 5578 2233. We truly need to take some of the administration work off our Advocates for them to concentrate on claims processing.

Peter Handy, President: 0448 195 020

Shingles Vaccine:

If you have not heard, there is a new vaccine available for protection against shingles. Shingles is a debilitating condition and prevention is, by far, the best cure. Make sure you ask your doctor about shingles next visit.

Veterans Support Group, Queensland Branch

Advocacy Services Team Gaining Results for our Clients

Advocacy Services - Pension Gains for ADF Clients 1/7/23 to 27/9/23

PENSIONS:

TYPE OF Pension	Part Pension	Full Pension
Service Pension Singles	N/A	
Service Pension Couples (each)	N/A	
War Widows Pension	N/A	
War Widows Income Support supplement	N/A	
Disability Pensions TPI	N/A	one
Disability Pensions Intermediate Rate	N/A	
Disability Pension EDA	N/A	one
100 per cent	N/A	
10 per cent		N/A
SDRP		three
VETERAN PAYMENT Single Pension	N/A	
VETERAN PAYMENT Couples (Each)	N/A	
MRCA Wholly dependent partner payment	N/A	
MRCA Special Rate Disability pension	N/A	

Advocacy Services - Lump Sum Payments for ADF Clients 1/7/2023 to 27/9/2023

LUMP SUMS:

	MRCA PI	DRCA PI	Appeals
	\$207,933.23	\$64,187.85	\$21,045.93
	\$466,808.25	\$63,359.63	\$25,582.14
	\$77,736.50	\$221,689.65	\$13,112.41
	\$92,279.90	\$70,951.74	\$18,083.03
	\$77,736.23	\$277,871.26	\$13,113.65
	\$207,933.23		\$68,190.97
	\$56,605.87		\$331,479.56
	\$92,279.90		\$1,504.09
Totals	\$ 1,279,313.11	\$ 698,060.13	\$492,111.78

Total Lump Sum Payments From 1/7/2023 to 27 /9/2023 \$ 2,469,485.02

The above information is a guide only. Whilst we make every effort to ensure that this information is accurate, our priority is ensuring our clients claims receive the highest priority. The above results represent a small percentage of our claims lodged with DVA.

Flavia, our Senior Advocate, is the only full time employee. Brad, Kerry and Michelle are part-time volunteers. When funding permits, we also use part-time or casual employees.

Our current workload is high. We need more administration assistance to transfer several duties from our dedicated Advocates to volunteer Administration Staff.

Please, if you have a desire to assist fellow Veterans in a tangible way, and you have or can make time to become part of our team, give me or Flavia a call on 07 5578 2233. Failing that, perhaps you know a person local to our office in Nerang? Please ask them.

Peter Handy, President: 0448 195 020

**New pension rates from
20 September 2023**

SERVICE PENSION	Old rate (fortnightly)	New rate (fortnightly)	Increase (fortnightly)
Single person	\$1,064.00	\$1,096.70	\$32.70
Couples (each)	\$802.00	\$826.70	\$24.70
Single person – transitional	\$887.60	\$906.80	\$19.20
Couples (each) – transitional	\$716.10	\$731.60	\$15.50
WAR WIDOWS			
War widow(er)'s pension	\$1,082.50	\$1,116.30	\$33.80
Income support supplement	\$321.10	\$331.40	\$10.30
DISABILITY PENSION			
T&PI (Special rate)	\$1,676.20	\$1,729.20	\$53.00
Intermediate rate	\$1,111.30	\$1,146.40	\$35.10
EDA	\$904.60	\$933.20	\$28.60
100 per cent	\$581.90	\$600.30	\$18.40
10 per cent	\$65.12	\$66.96	\$1.84
VETERAN PAYMENT			
Single Person	\$1,153.50	\$1,189.70	\$36.20
Couples (each)	\$899.30	\$927.60	\$28.30
MRCA*			
Wholly dependent partner payment	\$1,082.50	\$1,116.30	\$33.80
Special Rate Disability pension (SRDP)	\$1,676.20	\$1,729.20	\$53.00

These are the maximum rates of payment and include any Energy Supplement payable.
The first full payment at the new rates will be the payday 19 October 2023.

***Note that the MRCA payments in the bottom two rows are the fortnightly amounts, not the weekly amounts.**



The great thing about inflation is if you spend the same on groceries, the bags are lighter and easier to carry home.

What do wind turbines think of renewable energy? They're big fans.

Why do fridges make good illusionists? They don't move, but they're always running.

I don't usually brag about my expensive trips but I just got back from the supermarket.

LOOSE PARTS

DAVE BLAZEK

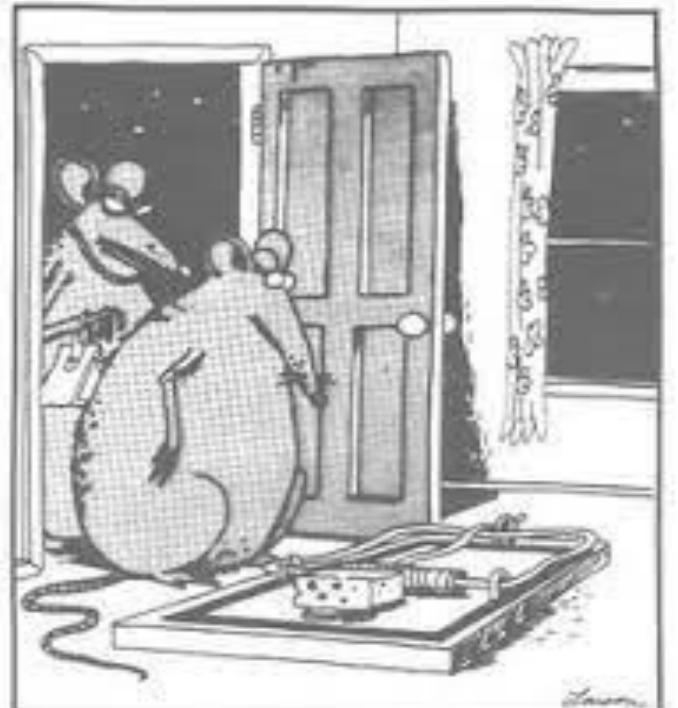
Get Loose Parts books at LoosePartsComic.com

Blazek



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"Okay, so now we know sending a guy in from each end doesn't work."



"Well, heaven knows what it is or where it came from— just get rid of it. But save the cheese first."

FUNNIES AND QUOTES



More powerful than the will to win is the courage to begin.



George, WAKE UP George.
The cat's got your teeth, again !!!!!



BREAKING NEWS

Common sense is now an endangered species. Stupidity has taken over the world and unfortunately there is no known cure.

www.facebook.com/ShutUpImStillTalking

Sub Branch President's Report

Vietnam Veterans Federation

Brisbane/Gold Coast Regional Subbranch Inc.

Vietnam Veterans Federation
Brisbane/Gold Coast Regional Sub Branch Inc.
Veterans Support Group Men's Shed



President's Report – September Quarter 2023
Hello fellow veterans and members,

Spring is in the air although, as usual for our location, Spring tends to morph straight into summer, along with the summer heat, so time to get out the shorts and thongs and a decent hat. The last three months have just flown by, or so it seems, as we gracefully slide into our senior years.

The sub branch and the Men's Shed continue to roll along, with some new members joining and starting to get the feel of things as they find their own interest level. We encourage new, and indeed all members to enjoy the facilities that the shed provides and to get involved with the various projects, both private and shed related. Without the active involvement of all members, the shed must eventually collapse, and that would be a great shame and a terrible waste of years of effort and money invested.

Departing from the normal shed activities, a chartered bus trip (funded by the Christmas Club) to the RAAF Museum at Amberley Air Force base on Thursday June 22nd was organised for the members of the Men's Shed on June 22nd. Leaving at 8am sharp, we arrived at Amberley well before our 9.30 am tour time, only to have to wait for our guide Brittany to arrive and process us through the base security system and receive our visitors passes. The waiting time was not wasted however, as there was a photo opportunity just outside the front gate, that being a beautifully presented F-111, quite a sight.

We then boarded the bus and we're escorted through the base to the Museum, where we were given a briefing on what to see and do while there. There were four hangars containing various aircraft and memorabilia, ranging from a WW1 Sopwith Camel to the recently retired F-111. A short video was shown featuring the F-111's features, including the "dump and burn" party trick and the emergency ejection of the entire cockpit.

There were many fixed wing aircraft, but also several rotary wing, ranging from the ubiquitous Bell 47, or Sioux as it was known in the Air Force, to the Black Hawk, demonstrating the huge advances in size and technology.



Bus waiting for departure from our shed to Amberley Air Museum



The mighty F111



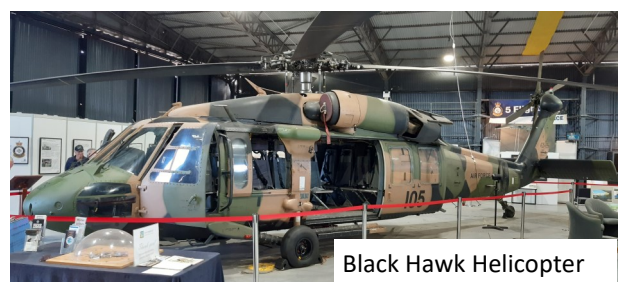
Twin Engine Caribou



Iriquois (Huey) Helicopter



Sopwith Camel (Replica)



Black Hawk Helicopter





Veterans Support Group Men's Shed, Nerang.



All the aircraft were in pristine condition, a great credit to the museum staff. An adjacent open hangar contained a well preserved twin radial engined Caribou, one of the versatile work horses of the military, and this aircraft looked like it was ready to fly again.

Once we had seen all we desired, the bus took us to the Walloon pub for a refreshing meal and drink and a chance to sit and talk about our experience. A short one hour's drive saw us back at the Shed, having had a most enjoyable outing.



Bell 47 (Sioux) Helicopter



Canberra Bomber

The Long Tan Day (Vietnam Veterans Day) service at our premises at 18 Leagues Club Drive, Nerang, on Friday 18th August went smoothly, aided by good weather, despite the forecast of rain.

Attendance was similar to last year, with approximately 60 to 70 people, including Federal, State and Local government representatives, as well as a contingent from the Land Warfare Centre Canungra. Federal government was represented by Scott Burgess, standing in for Angie Bell MP, although Angie was able to come for a short stay just as the service was finishing. State government was represented by Meghan Scanlon MP, state minister for housing, and Local Government division 8 by Cr. Bob LaCastra.

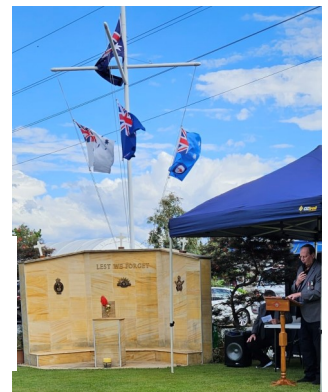
QLD. Branch President, Peter Handy, welcomed everyone, and then Padre Gary Stone gave blessings for the service. Sub branch Secretary/Treasurer Peter Cameron read a short prologue of the Long Tan battle, followed by Sub branch President Andy Bryson reading a summary of the valuable contribution by the RAAF in the form of two Iroquois helicopters delivering much needed ammunition to the battle zone at a crucial time.

Lt. Col. Wendy Say, CO LWC Canungra, gave an appropriate address on the significance of the battle, and the service continued with wreath laying, Last Post, Ode, Rouse, NZ and Australian anthems, along with the appropriate flag raisings.

After the service, all were invited to partake in an assorted sandwich luncheon (catered for by Clancy Catering Nerang), and a cool or hot drink of their choice.



Lt. Col. Wendy Say giving Long Tan speech.



Andy Bryson Sub Branch and Men's Shed President giving talk on RAAF at Long Tan.

As with all these events, then came time for our volunteer members to pack up the marquees and chairs and put them away in storage until the next event.



Members and guests waiting for the commemoration
VVFQld Branch "Incoming", September, 2023 Page 9



Lt. Col. Wendy Say CO LWC
Canungra



The Cenotaph with its beautiful
display of wreaths and tributes

Padre Gary Stone giving service
blessings with Kevin Roberts
and Peter Handy (background)



Meaghan Scanlon MP State
Minister for Housing



Wednesday 6th September 2023 was the 30th year anniversary of the establishment of the first Men's Shed in South Australia. Since then, the idea has spread around the world, and now there are approximately 3,000 sheds in 12 countries. An open Day celebration was hosted by the Labrador Men's Shed, with six other sheds (including ours), from the region participating and displaying the wares and activities of their sheds.

The main guest speaker was Maxine Chaseling, who was responsible for the original idea and impetus for establishing the first shed in Goolwa, South Australia. Additional guest speakers included Gold Coast Mayor, Tom Tate, Leader of the Queensland Opposition, David Crisafulli MP and Sam O'Connor MP for Bonney.



Gold Coast Mayor Tom Tate giving his speech .



Principal Guest Speaker, Maxine Chaseling
original instigator of Men's Sheds.



Frank Bosio and Andy Bryson manning our
Men's Shed display

Veterans' Support Group Men's Shed Nerang



Len Thomson, Secretary Labrador Shed, welcomed everyone, and invited all to stay after the guest speeches and have a look through the Labrador shed and the other shed displays, and then to enjoy the lunch provided by the local QCWA and shed BBQ.

Our display, showing a PowerPoint slideshow and brochures, was manned by Frank Bosio and Andy Bryson, and Members Ken Bridges and Tony Scroope also attended. The event was well attended by both shedders and public, and Labrador shed had a shuttle bus service to the car park at the Tigers Football Club carpark for visitor parking. Channel 9 news filmed a segment which was aired on the local news that night. Labrador shed ran a well organised event and are to be congratulated on a successful day.

Our participation in this event emphasised just how lucky we are at the Veterans Support Group Men's Shed Nerang. When we saw how cramped the Labrador shed was, both for working space and storage space, we immediately appreciated the space and storage we have at our shed, not to mention the size of the grounds and garden facility. All our members would do well to visit Labrador shed and see for themselves how space limited they are.

The end of the year is fast approaching, and we now turn our sights on the next event, which will be our **Christmas party on the 6th December**. We have already sent out invites to the normal attendees, and we encourage all members to note the date in their calendars, and to remember to bring their partners along to help us celebrate the happy occasion.

Andy Bryson

President

VVF Brisbane/Gold Coast Regional Sub Branch Inc.

Veterans' Support Group Men's Shed.



Attendees at 30 year Shed Open Day at Labrador Men's Shed.

Displays from the Men's Shed groups who attended.





Padre's Portrait of Life

Moral courage, moral injury and healing wounded souls – where only the truth will set us free.
Dear friends,

I write this as a veteran concerned, genuinely concerned, for all embroiled in the war crimes drama playing out, starting with allegations of misconduct in Afghanistan, but now among the broader community that has formed opinions, or taken sides in most complex and puzzling developments. I am concerned for alleged perpetrators, witnesses, victims, and all their families, as well as the honour of our veteran community. While few of us know all the historical facts, many sideline critics fan flames of angst on social media. I search for a better solution to approach these matters, rather than ongoing adversarial combat amongst ourselves.

Most of us have served with honour, and done our best to help bring peace to a troubled world. But we have been bewildered by the allegations and revelations of the alleged behaviour by some operators, the subsequent actions and/or inactions of people within our military chain of command since then, and many point also to alleged strategic failures by politicians and our ADF higher command.

But to have any opinion on these matters is met with vitriol.

We yearn to know the truth, the whole truth and nothing but the truth, in these matters.

On 1 June 2023, a judge of the High Court made findings that a number of allegations were true, and moreover, that a number of current and former serving personnel were lying, perjuring themselves and perpetuating the grief, revulsion and moral injury that witnesses to events still struggle with. Some will dispute this finding. But as a chaplain supporting people affected, it's clear that enormous harm has already come to so many. I witness symptoms of anger, guilt, shame, betrayal and distress - all elements of moral injury - and contributors to suicidal ideation and ill health.

There are those calling that we should now wait for criminal trials, before passing any comment on these events. Surely some will proceed over the coming years. But my particular concerns are for the earliest intervention and healing of those involved, including alleged perpetrators, and witnesses in this saga, not just in the field in Afghanistan, but in the ongoing wrestling match amongst our own community. A Justice process needs to proceed, but healing also needs to proceed lest our appalling statistics in veterans suicide do not increase, because of the despair, guilt and shame and alienation that is being experienced by people involved.

A new starting point for any veterans involved could be to accept that the truth will eventually come out, and the best outcomes for all involved now will be achieved by showing the moral courage and integrity in telling the truth, admitting to what really happened, and what they did or didn't do.

We have been going through an extended grief process involving shock, disbelief, denial, anger, and wrestling with the incongruities, but now are in a position where we can come to acceptance of the realities, however ugly they may be, deal with them, and move on. For most of us, the biggest issues are not now the historical events in Afghanistan but current matters of integrity, moral courage, moral injury and the health and safety of all concerned.

In my almost 48 years of military service, the most fundamental **value** that those of us in uniform were expected to show, was that of **integrity** - to tell the truth, the whole truth and nothing but the truth, no matter what the circumstances. Good commanders in the military have always emphasised that if you've done something wrong, it's better to face up to it, than to lie about it, because eventually the truth will come out.

If any of us are to get healing or find peace and consolation, for what we have done or failed to do, in this case or any other, can I appeal to people to now own up - to tell the truth, because only the truth will set you free - a bodyguard of lies will only make the situation worse. Absolutely, we all deserve to live happy and peaceful and purposeful lives, and even perpetrators, or accessories to criminal or inappropriate behaviours, should be able to find healing too .

CONT.....

We don't want any more veteran suicides. Equally, those that have given evidence that has confirmed inappropriate behaviour should be treated with honour and respect , and feel honour and respect.

Members of the Australian Defence Force have an extraordinary track record of doing the right thing of showing moral courage, and of bringing hope and help to all those in need. Resolution of the present situation will require more moral courage than has been shown up to this date, but it will be better than any other strategy.

The lesson of these tragic events is that we best live as people of integrity. We must have the moral courage to not only try to do what is right, but when we do the wrong thing, or witness things that are morally wrong, then we must show the moral courage to see that the truth is brought to light, and confess to our behaviour. To continue to live with lies, sees us living in prisons of our own making, when we have the keys of truth to find resolution.

And only then, as Jesus said, "the truth will set us free" John 8:32. .

Chaplain Gary Stone OAM , served 24 years as an infantry officer, and a further 24 years as a military chaplain, including many deployments overseas in seven different conflicts. In 2014 he founded the Veterans Care Association, offering Health and well-being support to wounded, ill and injured veterans and their families .

Your Padre , Gary

Kind regards

Gary

Gary Stone OAM

The Veterans Padre

President Veterans Care Association Inc

Holistic Care for of Body Mind & Soul for Veterans, Families & Carers

P: 0403 270 515

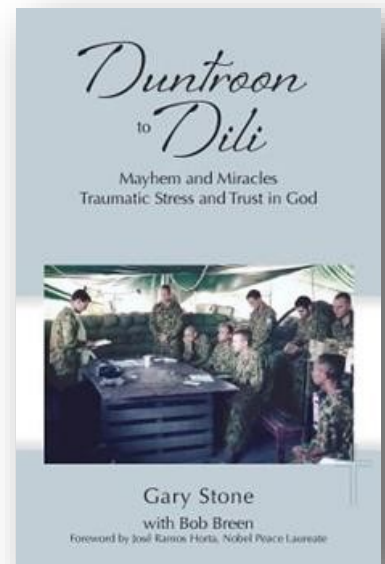
A: 26D Boogard Place, Clagiraba 4211

Gary Stone's Book - **Duntroon to Dili**

Available at Thriftbooks Australia

ISBN: **0992530113**

ISBN13: **9780992530112**



Tony Scroope



Wanted - ANTIQUE MANTEL CLOCKS

Will pay cash

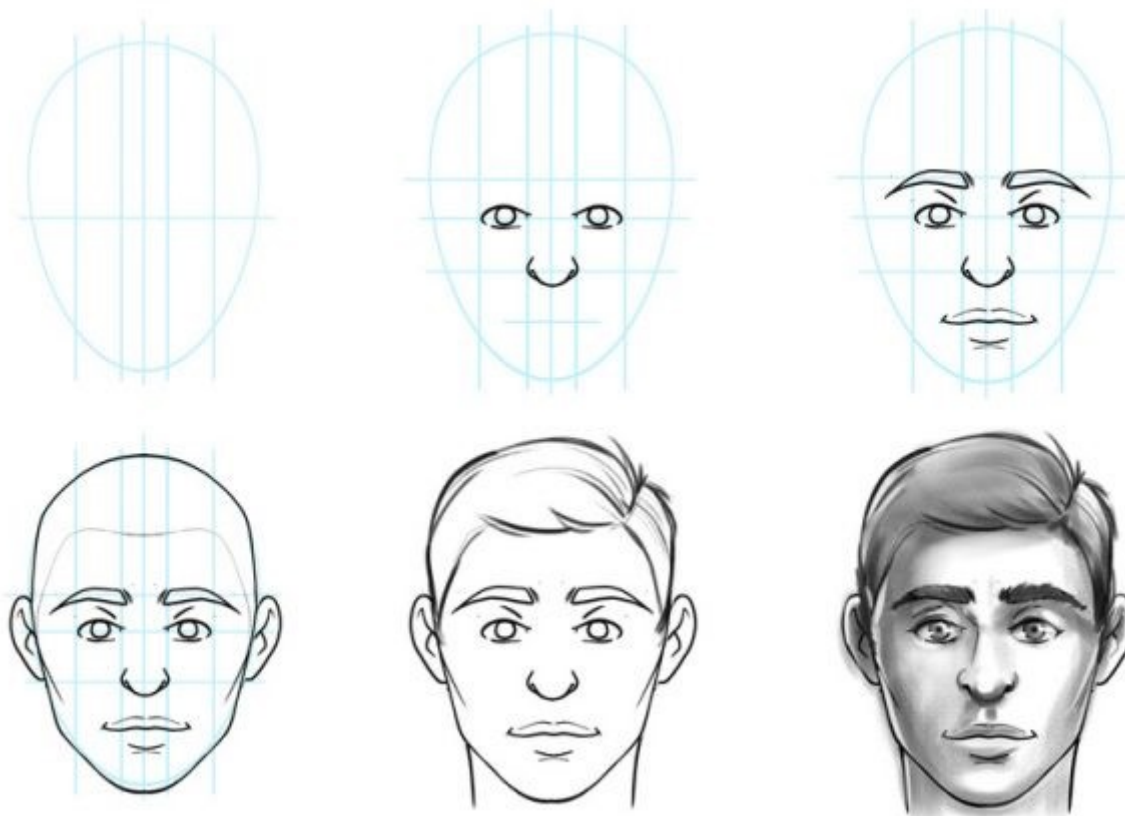
Tony Scroope is a long-standing member of our Organisation.

Mobile. 0408768787
ascroope@bigpond.net.au

We are always supportive of our members

Stage 3 of our artistic endeavours.

HOW TO DRAW a man's face.



Follow these simple drawings and create your own masterpiece. Try some other faces by making different jaw-lines, eyebrows, noses and mouth shapes. Give him different hairdos, larger ears and different shaped eyes. Use your new-found skills to draw a family member.

Experiment and have fun.

Don't miss opportunities:
time doesn't come round again.

I am going to retire and live off my savings. What I'll do the next day - I have no idea!



"Welcome back, sir. Are you planning on being our guest for one night only, or will this be your usual extended stay?"



"Yes, that was very loud, but I said I wanted to hear your HEART!"



"AND FOR YOUR DINING PLEASURE THIS EVENING WE ARE OFFERING TWO CHOICES: TAKE IT OR LEAVE IT!"

It's a retiree's world

CHICKEN AND LEEK CANNELLONI

Ingredients:

20g butter
1 tblspn olive oil
2 leeks, trimmed, halved lengthways, thinly sliced
1 clove garlic, crushed
800g chicken thigh fillets, trimmed, cut into 3cm pieces
1/4 cup plain flour
3/4 cup milk
Massel Chicken liquid stock
8 sheets fresh lasagne
1 1/2 cups tomato passata
200g fresh ricotta, crumbled
1/4cup finely grated parmesan
1/4 cup fresh flat-leaf parsley leaves to serve.
80g salad leaves to serve

Method:

Preheat oven 200c/180 fan-forced.
Lightly grease a 4 cm-deep 20cmx26cm base baking dish.
Heat butter and oil in a large, heavy-based frying pan over medium heat.
Cook leek and garlic for 5 minutes or until leek is softened.
Add chicken, cook for 5 minutes or until browned.
Add flour, Cook stirring for 1 minute.
Gradually add milk and chicken stock, stirring until mixture is smooth.
Cook, stirring for 10 minutes or until mixture boils and thickens. Set aside.
Place 1 lasagna sheet on a flat surface. Spoon 1/4 cup chicken and leek mixture along 1 long edge. Roll up to enclose filling. Place seam-side down in prepared dish. Repeat with remaining chicken and leek mixture and lasagna sheets. Spoon tomato passata over cannelloni.
Sprinkle with ricotta and parmesan. Cover with baking paper then foil. Bake for 20 mins. Remove paper and foil. Bake for a further 20 minutes or until golden brown and tender pasta. Sprinkle with parsley. Serve with salad.



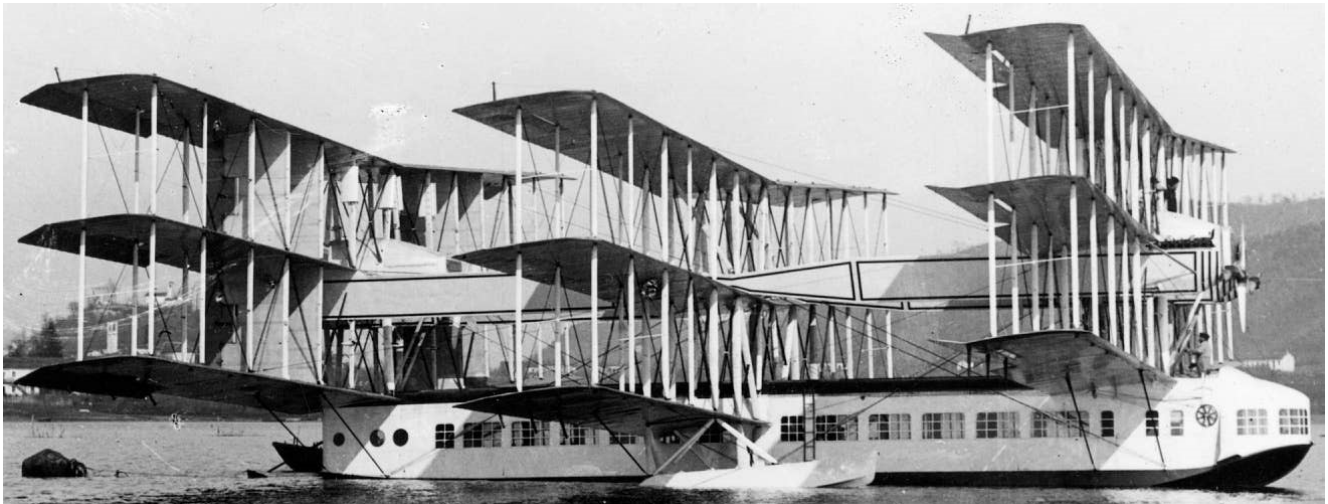
WHAT TH'



Two of the world's wackiest aircraft

We love this one for the sheer absurdity of it. It seems like someone decided all a pilot needed to fly was a seat and a set of

controls. Enter the Curtiss-Wright. The [Curtiss-Wright VX-7](#) was incredibly dangerous and unique, and "flying JEEP" was apparently easy to fly, it left the pilot open to enemy fire. Unfortunately, the Curtiss-Wright never met Army standards and was permanently grounded.



What the Caproni Ca.60 lacked in actual flying power it made up for with an overabundance of wings and engines. Even though this aircraft only flew once to an attitude of 60 feet, it still served as a flying boat prototype for a 100-passenger trans-Atlantic plane. The Ca.60 had eight engines and nine wings.

Talk about overkill.



Live

as if you were to
Die tomorrow.

Learn

As if you were to
Live forever.

SWIFTCO TRAILERS

The Trusted Name Since 1975



Think Trailer, Think Swiftco

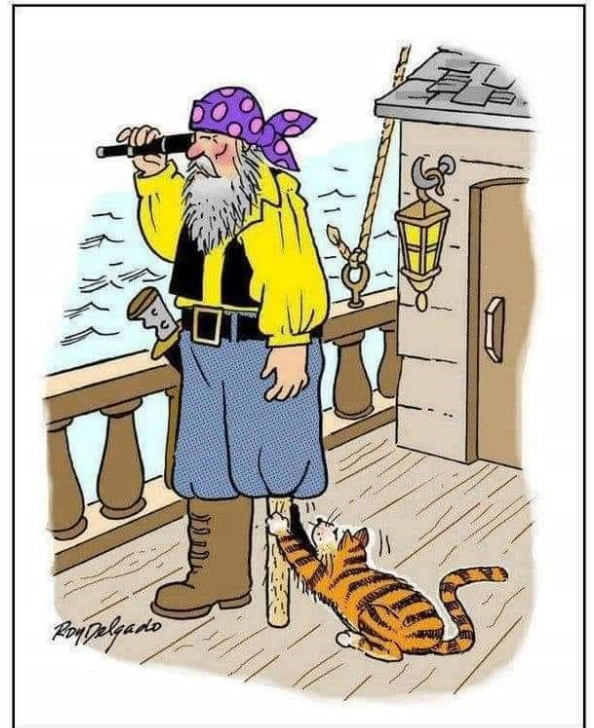
11 Precision Dr, Molendinar QLD - (07) 5618 8118 - Hours and services may vary



"The priest will be over in 10 minutes to give it last rites."

Even Dogs Do IT...

Tell her you are a guard dog, Yeah, A Rottweiler, and That you're single and neutered....



Be a first-rate version of yourself
Instead of a second-rate version
of someone else

Poets' Corner

Reflections

*Every cloud has a sliver lining - or so the saying goes
Darkness too intense to see the reasoning or the flow
Our veterans have seen the worst - from generations of war
Coming home, was leaving behind a part of who they were .*

For you who understand, a look is all you need

For all those free of war, no explanation succeeds.

*On leaving your homeland's shores, you wrote a final note
A blank cheque to the people - up to, and including your life.*

You have a special bond with veterans on a par

A brotherhood unique and true to the life you've lived so far.

So, a salute to our warriors, who gave - for us to live

We thank you, one and all, and remember what you give.

By Narelle Cupit.

Book Review

SONS OF WAR

Astonishing stories of under-age Australian soldiers who fought in World War II

PAUL BYRNES
Bestselling author of *The Lost Boys*

In the Second World War, thousands of Australian boys lied about their age and volunteered for a war the scale of which they could never have imagined. Like many of their fathers in the Great War, they went with their eyes wide shut: under-trained, under-equipped and under-age. Some were as young as thirteen - too young even to shave. Many did not grow old; others came back broken. A handful are still alive to tell their tales.

This extraordinary book captures the bold and untold stories of forty Australian children who fought in the deadliest war in history. Follow these boys through Libya and Palestine, Greece and Crete to the jungles of Malaya, Papua New Guinea and Borneo, fighting for their lives, their country, their mates. Many of the photographs have never been seen. Haunting images of youths in training camps and behind the lines stand beside moving portraits of old men who have not forgotten.

Sons of War is a deeply personal military history: an homage to youthful bravery, a eulogy for those who fell, a tribute to those still standing.

MONASH'S MASTERPIECE

Peter FitzSimons

The battle of Le Hamel and the 93 Minutes that Changed the World

The Battle of Le Hamel on 4 July 1918 was an Allied triumph, and strategically very important in the closing stages of WWI. A largely Australian force, commanded by the brilliant Sir John Monash, fought what has been described as the first modern battle - where infantry, tanks, artillery and planes operated together as a coordinated force.

Monash planned every detail meticulously, with nothing left to chance. Integrated use of tanks, planes, infantry, wireless (and even carrier pigeons!) was the basis, and it went on from there, down to the details: everyone used the same maps, with updated versions delivered by motorbike despatch riders to senior commanders, including Monash. Each infantry battalion was allocated to a tank group, and they advanced together. Supplies and ammunition were dropped as needed from planes. The losses were relatively few. In the words of Monash: 'A perfected modern battle plan is like nothing so much as a score for an orchestral composition, where the various arms and units are the instruments, and the tasks they perform are their respective musical phrases.'

Monash planned for the battle to last for 90 minutes - in the end it went for 93. What happened in those minutes changed for the rest of the war the way the British fought battles, and the tactics and strategies used by the Allies.

Peter FitzSimons brings this Allied triumph to life, and tells this magnificent story as it should be told

BRACE
CRUST

Can you
turn
into
in 10
moves

CREAM
SLINK

Can you
turn
Into
in 10
moves ?

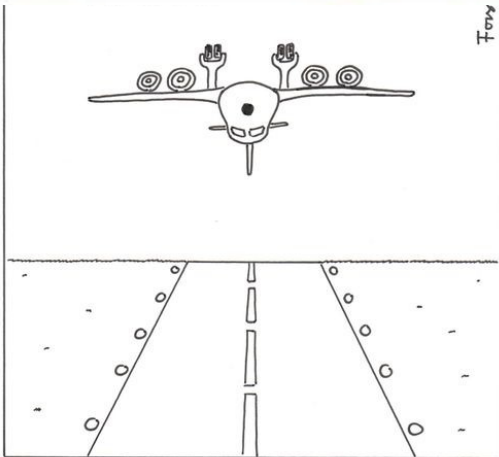
Word ladder rules.
You can only change one letter at a time for each move down the ladder.
No foreign words.
solution P 28

Important Phone Numbers

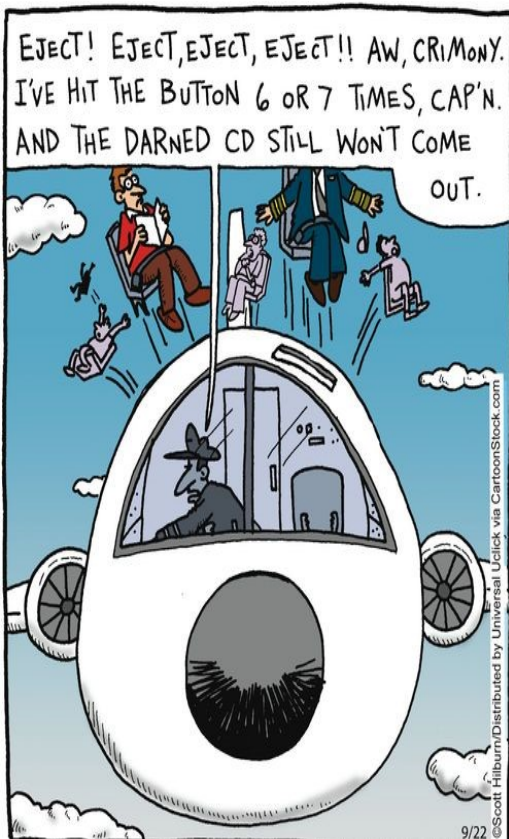
<p>Department of Veterans' Affairs 1800 555254 regional 133254 local generalenquiries@dva.gov.au Get started www.dva.gov.au</p>	<p>Open Arms Veterans and Counselling Service. Ph. 1800 011 046 Veterans and Veterans families Counselling Services www.vvcs.gov.au</p>
<p>Defence Service Homes Insurance Scheme 1300 552 662</p>	<p>Voluntary Work Scheme www.dva.gov.au Fact sheet MC36</p>
<p>VAN Robina Department of Human Services Level 5 Robina Town centre 19-33 Robina Town Centre Dr, Robina. 07 55832023</p>	<p>VAN Tweed Heads Department of Human Services 100 Blundell Boulevard Tweed Heads South 07 55697525</p>
<p>VAN (Veterans' Access Network) 133 254 www.dva.gov.au Veterans' Home Maintenance Line 1800 80 1945</p>	<p>War Widows' Guild of Australia (Qld) Inc. Ph. 32 211391 Toll free : 1800 061945</p>



FIND 10 DIFFERENCES



'How the heck are we supposed to land on a runway that's upside down?'



19	16	1	14	13	2		16	14		14		14
9	19	19	16				14	16	1	22	19	4
11		14	16	9	19	7	18	5	19	7		16
14		11	21		24			7	14	21		5
16		20		7	17	5	19	7				13
17		20	21	16	19		13		20	23	22	14
16		19	13	21	4	19	7		23	17		22
19	18	14		2	5	22	18	19	13		5	18
9		4	5	19	18		10	14	18	19	13	26
18	21			7	5	8	20	18		22	14	
7	21	11	2		21		5	7	22	14	9	4
	25	21	21		9	5	22		21	9		14
	19		1	19	7	18	19	4				8

C	A	I	E
R	K	S	P
O			
S			
S	D	H	N

W **Word Maker :**
O How many words,
R 3 letters or more, can you
D make from these letters.
Word maker: Lever to manoeuvre a cannon
 CROSSWORD # 32: extras

- 1. food delivery overnight; 2. frozen food;
- 3. helicopter-borne infantry; 4. Work in Q-store

1.	1	14	9	12	21	2.	15	13	21	25	21
3.	14	5	13	11	14	3	4.	6	23	19	26

The letters have been replaced by numbers. Each number represents a different letter. I have given you 2 letters to get you started. Think about the most used letters and how many of any one number there is in the grid. Have fun. When you have solved the main puzzle see the Extra clues (3) above right. *Solution P. 31*

1	2	3	4	5	6	S	7	8	9	10	11	12	13
A ¹⁴	15	16	17	18	19	20	21	22	23	24	25	26	

A	B	C	D	E	F	G	H	I	J	K	L	M
N	O	P	Q	R	S	T	U	V	W	X	Y	Z

I					D		B	H
H				G	B			
		C	A			F		
E	G			C		A		
	I		H	B	G		C	
		B		F			I	G
		E			C	B		
			G	H				A
D	C		B					I

Sudoku:
 Complete the grid so that every row and column contains the numbers 1-9.
 for puzzle 1 and A to I for puzzle 2
Solution Page 31

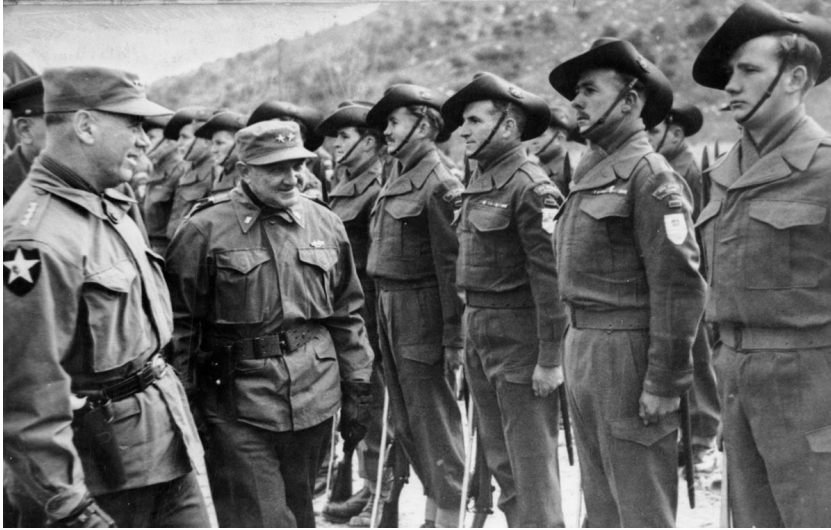
					2	5
5			2		1	
		5			7	4
	2	1	4		7	
8						9
	6		2	9	8	
6	3			5		
	9			7		8
4	1					



"You'll have to get behind me and push."

our history

1950–1953 KOREAN WAR



General James van Fleet, commander of the 8th US Army, inspects members of the 3rd Battalion, Royal Australian Regiment

AUSTRALIA AND THE KOREAN WAR

Prime Minister Robert Menzies, though fervently anti-Communist, was not in favour of sending forces to the Korean war. However, his External Affairs Minister Sir Percy Spender recognised the importance of forging a closer relationship with the U.S.

Within days of the North Korean invasion in June, 1950, Spender pressured the acting Prime Minister Arthur Fadden to commit Australia to

the war while Menzies was overseas.

Spender realised that Britain was about to announce it would send ground forces to Korea. He judged that if the British became militarily engaged, Menzies would eventually follow suit, but Canberra would gain more credit in Washington if it made the commitment first.

Menzies, when presented with the fait accompli of Australian military action in Korea, publicly proclaimed his support. Within Australia there was very little political or community opposition to involvement in the Korean War. At the time there was strong anti-communist feeling in Australia as shown by the Petrov Affair and the Australian Labor Party split.

The first to be sent to South Korea was the RAAF's 77 Squadron along with the frigate HMAS Shoalhaven and the destroyer HMAS Bataan - All of which were stationed in Japan at the time. The Korean War was primarily a land war. In September, 1950 the government sent the 3rd Battalion, the Royal Australian Regiment (3RAR), followed by 1RAR and 2 RAR. Australia did not introduce conscription for the Korean War even though this commitment required almost all of Australia's regular infantry troops.

The Australian military served with distinction during the war. At the Battle of Kapyong an Australian battalion (approximately 800 soldiers) along with another from Canada defeated an entire Chinese division (about 15,000 men) and prevented it from taking Seoul. Both battalions were awarded US presidential Unit Citations.

Nearly 18,000 Australian soldiers, sailors, airmen and nurses served in the war. It is not known exactly how many people died in the Korean War, however an estimated 4 million Korean and Chinese people died. More than half were Korean civilians. About 37,000 UN troops were killed; 339 Australians died and 1216 were wounded. Australian servicemen and women returning from Korea were largely greeted with indifference.

The Australian public was unsupportive of a war that had become mired in stalemate with an enemy that posed no direct threat to Australia.

No-one knew I was home from Korea.

'What are those medals for?' – they just didn't have a clue, really.

Sergeant Bill Collings, Royal Australian Air Force (RAAF):

our history

1950–1953 KOREAN WAR.....cont

CAUSES OF THE KOREAN WAR:

Between 1876 and 1910, through a combination of political pressure and military force Japan occupied the Korean peninsula. This began 35 years of sometimes brutal Japanese rule in Korea which ended with Japan's defeat in WWII.

From 1945 the country was divided into zones of occupation by the victorious American and Soviet Union armies. Various Korean groups from far right nationalists to communists claimed to speak for an independent government, but none could reach an agreement with the Soviet and American occupying forces.

In 1948 two separate governments, a communist one in the north and a republican one in the south, were formed each claiming control of the entire peninsula. Animosity between the two parties was high and a border was established along the 38th parallel.

In July 1949, with the Cold War between the west and the Soviet Union intensifying around the globe and Korea considered a low priority, the US withdrew most of its troops from the south. Russia withdrew its troops from the north around the same time.

Meanwhile, the Soviet Union-backed North Korean leader Kim Il Sung, made plans to invade the south and unify the country by force. On 25th June, 1950 North Korean troops crossed the 38th parallel into South Korea. Two days later, with the Russian delegate absent and unable to veto any resolution, the United Nations Security Council in New York committed forces from willing nations to the aid of South Korea. These forces were led by the US.

With 3 years of battle the war finished on 27th July, 1953, after protracted negotiations, mostly over the exchange of prisoners, then an armistice was signed. The war ended with the border between North and South Korea more or less where it was before 1950.



RAAF ex-prisoners of war leaving Japan for Australia in September 1953

AUSSIE TRIVIA

Advance Australia Fair : One of the first official tasks tackled by Prime Minister Scott Morrison was to change one word in our national anthem: “young and free” became “one and free”. Other prime ministers also made updates. Bob Hawke changed “Australia’s sons” to “Australians all” after “Advance Australia Fair” replaced “God Save the Queen” in 1984, following a plebiscite conducted in 1977 by Malcolm Fraser. There was no great public outcry on those occasions, because although Aussies feel very proud of our landscape and nation, we don’t demonstrate it in a noisy, flag-waving way. This relaxed character comes to the fore when a sensible change is suggested to the national anthem. Meanwhile, we should be delighted we have the only national anthem to contain the rare old word “girt”. Look it up!

Art Union: An Art Union is like a lottery, except that it is run to raise money for a charity, and the prize is usually not money but a house on the Gold Coast or a car or both. But art union? It doesn’t seem to have anything to do with any union, and art rarely comes into it. Well, the story is this. Art unions were formed in Britain and Europe in the 19th century as associations to promote the purchasing of paintings and other works of art and dispensing these things among their members by lottery. Over time, things changed in Australia and New Zealand – and only here. All kinds of prizes, not just paintings and other works of art, came to be offered. Consequently, the name art union came to be applied to any lottery offering in-kind prizes rather than cash.

Australianist: This seems to have been coined in January 1941 by a Sydney Morning Herald sub-editor in a headline for an article about Australia’s so-called Jindyworobak Movement poets, which included Ian Mudie and Rex Ingamells. The Australian National Dictionary defines an Australianist as a “person who espouses Australian attitudes or values; an expert in...some aspect of Australia” especially “its history or literature, or its Indigenous languages”. Lexicographer Bill Ramson used the word in his description in The Australian National Dictionary of Sidney J. Baker, who researched and wrote on the Australian language. The related word Australianism, which goes back to 1842, is defined as “pride in, or loyalty to, Australian nationalism; a character distinctively Australian”. *Australian Geographic* is distinctly Australianist!

Bangers: We think of “bangers and mash” as a quintessential English expression. But there’s evidence it was coined by Aussies. When tracking down such things, linguists look for citations – written quotations using the expression. For banger meaning “sausage”, the earliest record is in W.H. Downing’s book *Digger Dialects*, published in 1919 as a record of slang by Aussie diggers in World War I. There was a shortage of meat, so butchers filled sausages with odds and ends – ground lips and ears from slaughtered animals, fat, cereals and water. When cooked on an open fire they often exploded – hence bangers. The diggers were, of course, surrounded by things going bang. So it’s likely Aussies coined the expression and shared it with the Tommies in nearby trenches, thereby creating the name for a classic of English cuisine.



42 for 42

In 2016, four Afghanistan combat veterans founded the non-profit organization 42 for 42 to raise funds to build a Memorial Garden in Brisbane that would honour their fallen mates and educate the public about why the war occurred.

17th February, 2021

An important aspect was to represent the unknown soldiers who were losing their battle back home and falling victim to suicide.

Having had struggles returning home themselves, this was and is an issue that is close to their hearts. Every deployment sent to Afghanistan faced different circumstances and had different outcomes. It's important that we don't forget that this was Australia's longest war and a war on terror, which has shaken the world. The Afghanistan War Memorial Garden will be built as a storyline around each deployment, incorporating our fallen soldiers and our Victoria Cross winners.

After WWI, Australian soldiers came together and built the Great Ocean Road in Victoria. This was a source of inspiration when establishing a plan for The Afghanistan War Memorial Garden in Brisbane. It has always been the main project of the 42 for 42, and has been a collaboration of many veterans, their families and proud Australians coming together to do their bit. It will continue to serve as a place to remember and honour all the deployments to Afghanistan and educate the next generations to come.

42 for 42 began with a 42-hour challenge, in which Afghanistan veteran Sean Mulqueen walked the concourse and stairs of Suncorp Stadium for 42 hours straight carrying 42 kilos in a military pack. As each hour passed, a kilo was removed from the pack by members of the 42 - families of the fallen, veterans and supporters of the 42. It represented lightening the load for soldiers.

This led to the annual 42 hour challenge at Suncorp Stadium every November for anyone to participate in. 42 represents the 41 soldiers Australia lost in Afghanistan, with the 42nd being the soldiers we have lost to suicide and those who are still struggling with their wounds and injuries post-war.

The team quickly expanded as the 42 for 42 are dedicated to supporting the families of fallen Afghanistan soldiers as well as combat veterans who have returned from active duty in Afghanistan, and their families. The 42 for 42 members have worked hard to maintain a positive environment, where veterans and families can join, participate and contribute to the organization as they wish. It supports the Afghanistan veteran community by helping acknowledge, establish, and increase awareness of events, groups, support programs, job help and financial assistance when required.

Please feel free to contact the 42 for 42 through their website:

<https://www.42for42.org.au/>

or follow them on social media and watch how the memorial will come to life.

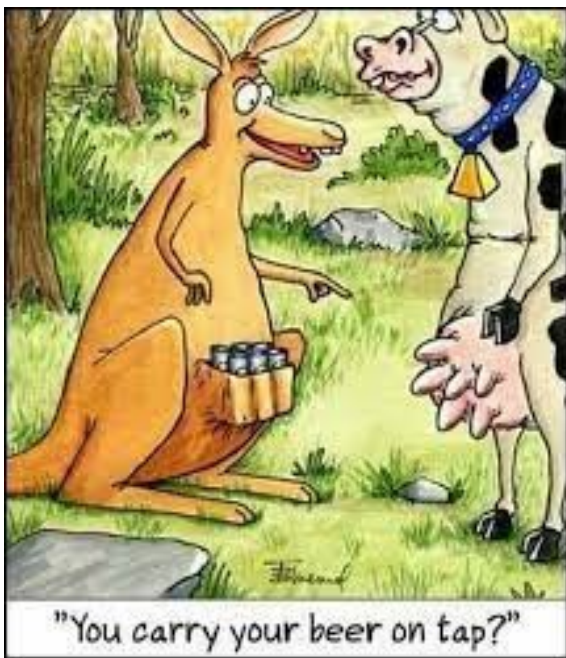
By Sean Mulqueen, co-founder and President

More is lost by indecision than wrong decisions.





"It's your mother. She wants to know if you were wearing clean underwear."



Only in Australia !!





WORD SEARCH : Military terms



This one will get your brain boxes working. Read all the instructions below.

N	E	U	T	R	A	L	I	T	Y	V	E	L	O	H	P	O	O	L	F
B	A	T	T	E	R	I	N	G	T	R	A	I	N	N	O	I	B	A	G
O	R	L	T	R	O	F	R	A	T	S	E	R	I	S	A	R	B	M	E
U	A	U	R	R	T	E	N	O	Y	A	B	E	L	O	R	A	P	N	A
T	V	C	E	E	C	N	A	L	E	T	T	E	B	R	A	B	T	I	D
P	E	K	B	Z	L	L	A	B	A	K	C	A	S	P	A	N	N	A	O
O	L	Y	L	T	E	N	F	1	L	A	D	E	T	T	E	N	U	L	U
S	I	R	A	I	E	W	A	R	R	A	N	T	E	P	A	R	A	P	B
T	N	T	H	W	V	C	O	U	N	T	E	R	S	C	A	R	P	E	L
K	I	N	A	O	I	T	N	E	M	T	E	V	E	R	E	S	C	R	E
E	H	A	N	H	S	E	R	O	P	A	L	I	S	A	D	E	S	R	S
D	P	F	D	E	N	S	E	S	E	C	A	R	R	O	N	A	D	E	H
A	L	N	S	M	E	R	K	N	O	L	R	E	M	O	R	S	E	T	O
L	O	I	P	N	F	O	C	U	S	L	E	R	B	M	U	T	A	N	T
A	D	M	I	E	F	M	I	P	E	L	W	O	C	I	T	A	D	E	L
C	U	L	K	R	O	E	P	A	R	G	U	N	M	E	T	A	L	A	I
S	E	I	E	T	A	L	P	T	S	A	E	R	G	S	R	T	A	N	K
E	L	E	M	R	O	W	O	U	N	D	N	R	E	T	S	O	P	N	C
A	M	E	R	C	E	N	A	R	Y	S	P	R	O	C	O	A	T	E	E
T	E	G	R	O	G	E	A	R	M	I	S	T	I	C	E	Y	M	S	D



- | | | | |
|-----------------|-----------|------------|------------------|
| ADO | DUEL | LOOPHOLE | REVETMENT STAR |
| ALIKE | EMBRASURE | LUNETTE | SPENT FORT STORE |
| ARMISTICE | ENFILADE | MASS | SUMP |
| BALL | ESCALADE | MERCENARY | TANK |
| BARBETTE | FOCUS | MERLON | TERREPLAIN TRUCK |
| BATTERING TRAIN | FREE | MORSE | TUMBREL |
| BAYONET | GABION | MUTANT | TURN WORM |
| BREAST PLATE | GEAR | NEUTRALITY | WOUND |
| CARRONADE | GORGET | OFFENSIVE | |
| CITADEL | GRAPE | OUTPOST | |
| COATEE | GUNMETAL | PALISADES | |
| CORPS | HANDSPIKE | PARAPET | |
| COUNTER SCARP | HOWITZER | PAROLE | |
| COWLE | INFANTRY | PASS | |
| DART | KILT | PICKER | |
| DECK | KNAPSACK | POSTERN | |
| DOLPHIN | LANCE | RACES | |
| DOUBLE SHOT | LEVY | REMORSE | |
| | LINES | REST | |

- 12 LETTERS LEFT : Grenadiers of a line battalion
- one letter is a numeral Answer Page 29



You must expect great things of yourself before you can do them.



Holiday Centres

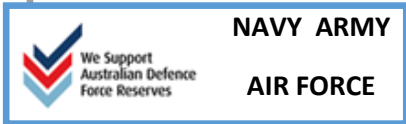
*Holidays for Veterans
at a reasonable price*

Navy Canteens operates holiday centres across Australia with great discounts for Navy members. Destinations include Amblin Holiday Park (WA), BIG4 Bungalow Park on Burrill Lake (NSW), Forster Holiday Village (NSW) and Pandanus Pocket Villa (NSW). A great range of discounted holiday options across Australia and overseas are also available to all Australian Navy, Army, Air Force and Defence APS personnel.

WELCOME TO ST GEORGE'S DEFENCE HOLIDAY SUITES

St George's Defence Holiday Suites at The Garland are for Service and ex Service Personnel, their Spouse and dependent school age children. St George's Defence Holiday Suites are operated by the Service Personnel Anglican Help Society Inc, an independent and charitable organisation. Prior to accepting a

booking we require a copy of your Service ID or Discharge Certificate to verify your eligibility to stay at St George's.



St George's is for Only Military people - Exclusive for Military.

Website: stgeorges.net.au

The Garland Building incorporating St George's Defence Holiday Suites opened in December 2016. The holiday Suites are located on the first 3 Levels with a BBQ and large Community area located on the 1st Level.

The Garland Apartments are located 4th floor and above and are for all holiday families and is not part of the St George's Defence Holiday Suites and doesn't offer the St Georges discounted rates for Defence Families. Situated in Coolangatta Qld.



St George's Defence Holiday Suites incorporating The Garland Luxury Apartments

192 Marine Parade,
Rainbow Bay,
Coolangatta,
Gold Coast Area
Queensland 4225

It's not a question of who is going to let me; it's who is going to stop me.

Puzzle solutions

Number Crossword Puzzle Solution :

Page 22 - 1=B; 2=K; 3=V; 4=D; 5=I; 6=Q; 7=S; 8=G;
 9=N; 10=W; 11=C; 12=J; 13=R; 14=A; 15=F; 16=M;
 17=P; 18=T; 19=E; 20=H; 21=O; 22=L; 23=U; 24=X;
 25=Z; 26=Y.

SECRET WORDS/TERMS: CROSSWORD PUZZLE PAGE 21

1. BANJO; 2. FROZO; 3. AIRVAC; 4. QUEY.

BRACE	CREAM
TRACE	DREAM
TRACK	DREAD
TRICK	BREAD
BRICK	BREED
BRISK	BLEED
BRUSK	BLEND
BRUSH	BLANK
CRUSH	BLINK
CRUST	SLINK

Word Ladder solutions from p19.

Solution to Sudoku puzzle Page 21

1	8	4	9	6	7	3	2	5
7	5	6	4	2	3	9	1	8
3	2	9	5	1	8	7	6	4
9	3	2	1	8	4	5	7	6
8	4	1	7	5	6	2	3	9
5	6	7	2	3	9	8	4	1
6	7	3	8	4	5	1	9	2
2	9	5	6	7	1	4	8	3
4	1	8	3	9	2	6	5	7

Word search

Military terms:

1. Flank Company
2. The number 1 instead of I: 8 across 7 down.

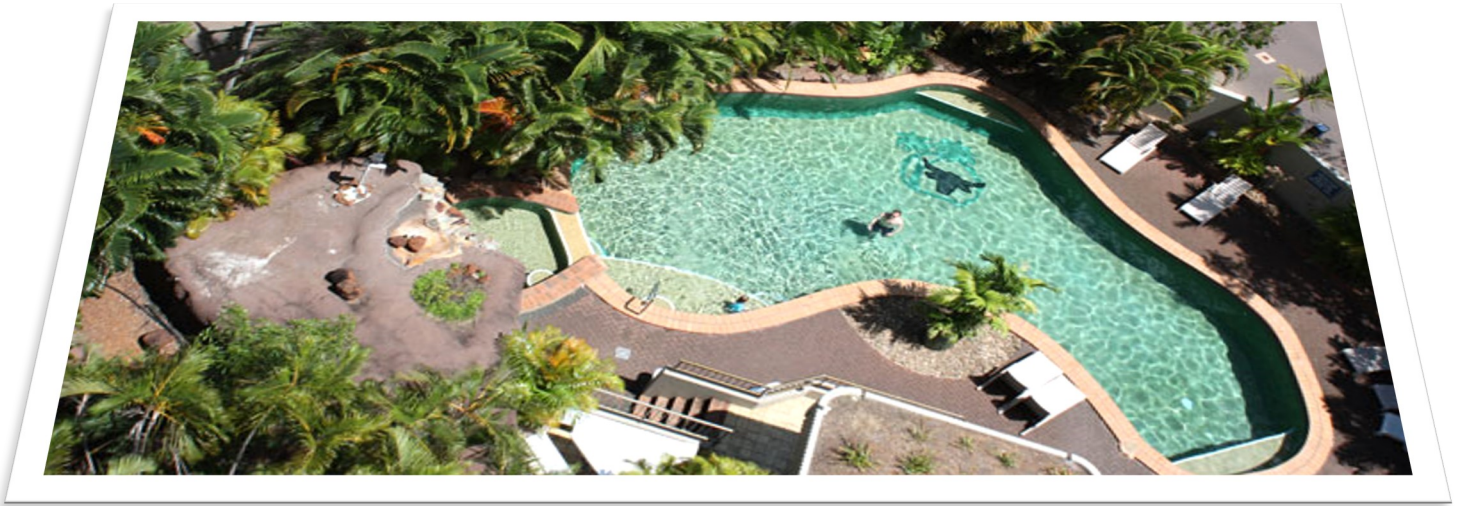
Word Maker Solution P 21:

How many words of 3 letters or more that you may find is anyone's guess.

Aid, aide, and, ape, ash, ask, asp, dan, dank, dash, desk, die, dies, dike, din, dip, dish, end, had, hades, hand, hank, head, heap, hid, hide, hike, hind, hip, his, idea, kind, kip, nap, neap, nip, paid, pain, pane, pash, peak, pend, pie, pied, pike, pine, sad, said, sake, sand, sane, sank, sap, send, shake, shade, shed, shin, shine, ship, side, sin, sip, ski, skid, skin, skip, snake, snap, sneak, snip, spade, speak, sped, spied, spike. I found 76 words - how many more are there?

I	A	F	C	E	D	G	B	H
H	E	D	F	G	B	I	A	C
G	B	C	A	I	H	F	E	D
E	G	H	D	C	I	A	F	B
F	I	A	H	B	G	K	C	E
C	D	B	E	F	A	H	I	G
A	H	E	I	D	C	B	G	F
B	F	I	G	H	E	C	D	A
D	C	G	B	A	F	E	H	I





The RAAF Welfare Recreation Company Charter is articulate through its Aim, Mission and Corporate Goals:
Aim

To provide access to discounted recreational accommodation and to manage and promote RWRC owned recreational facilities for RAAF members, their families and other eligible persons, and to provide financial support to, and assist in the provision of, recreational amenities and services to RAAF members.

Mission

To manage the activities of the RCWTF as a sustainable entity through a strategy of diversification and with broad long term vision in order to optimise the benefits to eligible persons in the provision of discounted recreational accommodation and welfare recreational amenities.

Corporate Goals

Objective 1 – Recreational Facilities

To provide access to discounted high quality recreational accommodation and facilities for members of the RAAF, their families, and other eligible persons through the provision of the RCWTF owned or leased holiday apartments, joint commercial ventures with other corporate bodies or promoting the use of other Service owned facilities. The recreational facilities may be owned solely by the Trust, owned by virtue of a joint venture, or by economically viable short or long term leasing arrangements.

If you help someone when they're in trouble - they will remember you when they're in trouble again.

Objective 2 – Recreational Amenities and Welfare Activities.

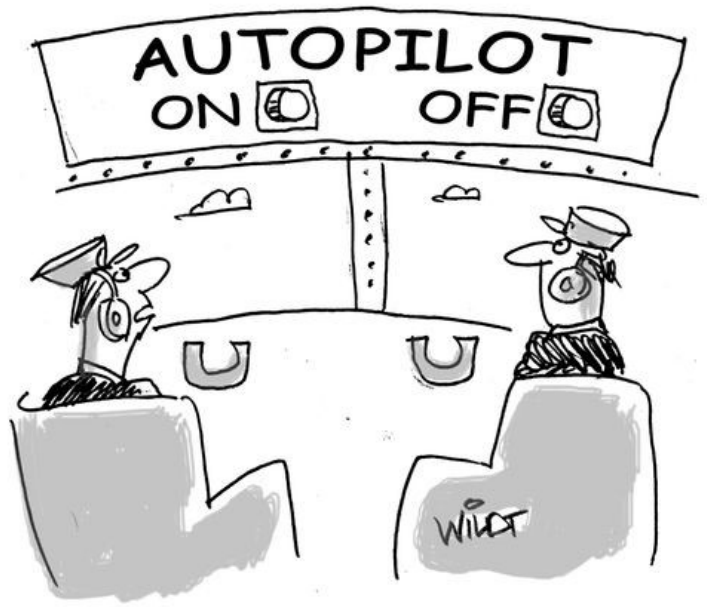
To provide financial assistance via loans and grants in the provision of recreational amenities and Service recognised welfare activities.

Objective 3 – Mutual Cooperation and Marketing.

To foster relations with the providers of Navy, Army and other Allied nations in order that RAAF personnel and other eligible persons can access their similar amenity benefits. To promote, in accordance with the RWRC marketing plan, RCWTF holiday facilities, other affiliated recreational accommodation, and other welfare amenity benefits available to eligible persons.

raafholidays.com.au/about/charter

Accept the challenges so that you can feel the exhilaration of victory.



"Maybe they've oversimplified the cockpit controls."



Veterans Support Group® - (Advocacy Services)

Founded by the **Vietnam Veterans Federation Australia Queensland Br. Inc.**

MEMBERSHIPS - New Applications (Section A)

Surname: Given Names:

Address:

Email: (only if you use email) Phone:

Partners can join as full members at \$30 also: Please complete partner's details on next line if required.

Partner's Details

Surname: Given Names:

Email: (only if you use email) Phone:

Service details:

(A) Service No. (B) Navy / RAAF / Army (C) Other

(D) Service No. (E) Navy / RAAF / Army (F) Other

Please use (D), (E) and (F) above for the Partner if you and your partner have both served in the Australian Defence Force.

MEMBERSHIPS - Renewals (Section B)

Your Details

Surname: Given Names:

Address:

Email: (only if you use email) Phone:

Partners can join as full members at \$30 each (\$60 total): Please complete partner's details on next line if required.

Partner's Details

Surname: Given Names:

Thank you for your support Our Advocacy team of Flavia, Brad, Kerry, and Michelle are achieving results for all veterans. That team is supported by a further 9 admin volunteers. All Membership subscriptions are allocated to our Advocacy Service. The more members, the better chance we have to receive the funding Grants needed to meet our expenses. In 2020/21 we received Government Funding of \$105,680.20 towards our Advocacy Services. We needed to raise over \$63,000 to cover our actual costs. **Every single membership is important and we thank the many members who add a donation when paying their membership fees.**

Membership Fees: \$30 per annum per member (1 July to 30 June). Half fees apply for new members only:- 1st January to 30th June at \$15.00. All renewals fall due on 1st July yearly. All membership Applications can be completed online "veteransupportgroup.org.au"

Paying:	Membership Fees of \$.....	Donation of \$.....	Total \$.....
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Pay by direct deposit into our bank account BSB 124065 A/c No. 20454340 and use your name as the Payee Reference OR send online, OR by email to admin@vfvqld.com, OR post "Veterans Support Group, PO Box 2817 Nerang Qld 4211, OR bring your Membership Application to our office. We process your payment by phone: 07 5578 2233. Office hours: - 9.30am to 2.30pm Mondays to Thursdays (incl.).

Our Quarterly Newsletters are available by (A) Email Hyperlink (B) Post or (C) Not required. Please circle your choice A, B, or C. Our National Newsletter is only available by post or on website. Do you require the National Newsletter posted to you? Yes / No (please circle your option)

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